

# The Annabel Harwood Trust

Registered Charity No. 1086637

*“Providing information to help parents  
cope with the loss of their baby”*

## About the Annabel Harwood Trust

The Trust was established in November 2000 following the stillbirth of Annabel who died at full term. The Trust was registered as a charity in May 2001.

## The purpose of the Trust

The main aim of the Trust is to provide custom made support packs providing the information to help parents cope with losing a baby at, or around birth.

Although there is a wealth of helpful and supportive information available to help parents of neonatal death or stillborn babies, during the first weeks and months following such a tragedy, parents are often not able to get to this information easily, right when it is most needed.

The support packs contain information regarding support groups, local councillors, web sites and available books. We also include selected books in the packs.

To ensure that the correct information is provided, we are working in partnership with SANDS (Stillbirth and Neonatal Death Society) and the Brighton & Sussex NHS Trust. The support packs are free where distributed directly to parents through the local health authorities. The Support Packs are also available to buy directly from the Charity.

We are also providing the Brighton & Sussex NHS Trust with additional Cardio TocoGraph (CTG) equipment, donated in the Trust's name. This equipment has links with helping prevent Neonatal Death or Stillbirth by helping to detect foetal distress, possibly reducing the chance of another stillborn baby.

## Why provide Cardio TocoGraph Equipment?

As well as helping parents cope with the loss of a baby, we also wanted to contribute in a way which may *prevent* the loss of a baby. After discussing with the hospital, it was felt that donating CTG equipment would be most beneficial. This equipment was very significant during Annabel's short life, so we felt it a worthwhile and important second Trust objective.

## Our Web Site

In addition to the support packs, the web site offers a wealth of information and further links to other sites of interest. Our Web site address is:

[www.ahtrust.org](http://www.ahtrust.org)

You can also download the support pack and any updates to previous versions of the support pack. We aim to keep the web site up to date, easy to use, and above all informative. We welcome any comments or suggestions for any additional related information. Contact information is available by clicking on the 'contact us' link.

## Donations and Information Requests

Please use this form to make a donation. The address is on the back of this leaflet.

### **Please tick the appropriate box(es):**

- I would like to provide a donation of £ \_\_\_\_\_  
to the Annabel Harwood Trust.
- I would like to order \_\_\_support Packs @ £25 each.
- I would like to help with fundraising, please send  
details on future fundraising events. (Please  
enclose a stamped address envelope)

Receipt Required  **Please do not send cash through the post.**

Please Make Cheques payable to **The Annabel Harwood Trust**

You can increase your donation by nearly 25% by simply completing your name and address below:

I am a UK taxpayer and would like The Annabel Harwood Trust to reclaim the tax on the enclosed donation and all donations made hereafter until further notice.  
**Note: The above box must be ticked to enable us to claim you Giftaid.**

Full Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Date \_\_\_\_\_

Please note: The details above are for use by the Inland Revenue. We will not pass your details on to anyone else.



Please cut here and return

## Obtaining Further information

Further Information can be obtained on our, or any other registered charity by contacting the Charity Commission at:

[www.charity-commission.gov.uk](http://www.charity-commission.gov.uk)

Charity Commission London Office  
Harmsworth House  
13-15 Bouverie Street  
London  
EC4Y 8DP  
☎ 0845 300 0218

Related Information:

Our Registered Charity Number is 1086637  
SANDS Registered Charity Number is 299679

## Our Promise

We (the Trust) promise that all money donated to the charity will go directly to the charities main objectives of a) providing the support packs and information, and b) to the purchasing of Cardio TocoGraph Equipment.

All administration work relating to the Trust will be done by the trustees without cost to the Trust. We will endeavour to cover costs relating to stationery and consumables through donations (e.g. paper, printing etc) where at all possible.

## Would you like to help?

If you would like to help this Trust by organising a fund raising event, have ideas for raising money, or if you have any comments, please contact us at the following address:

The Annabel Harwood Trust  
25 Hazel Way,  
Crawley Down,  
West Sussex  
RH10 4JS

Or E-mail:  
[Info@AHTrust.org](mailto:Info@AHTrust.org)

Please Note: The address for the Charity may change from time to time as responsibilities for receiving letters, donations and returns are shared amongst trustees. If the leaflet date (shown below) is over 12 months old, please visit our Web Site at [www.ahtrust.org](http://www.ahtrust.org) to verify the current postal address.

We will reply to all letters and E-mail received.

Thank you for your interest.



Trustees: Louise Barton  
Trevor Harwood  
Catherine Harwood  
Pat Harwood